

A photograph of three diverse women laughing joyfully and holding handfuls of colorful confetti. The background is a bright, slightly blurred outdoor setting with more confetti falling around them. The overall mood is celebratory and happy.

Women Fitness
Magazine

Media Kit

2020

Magazine Contents



Exercise & Fitness



Pregnancy



Healthy Eating



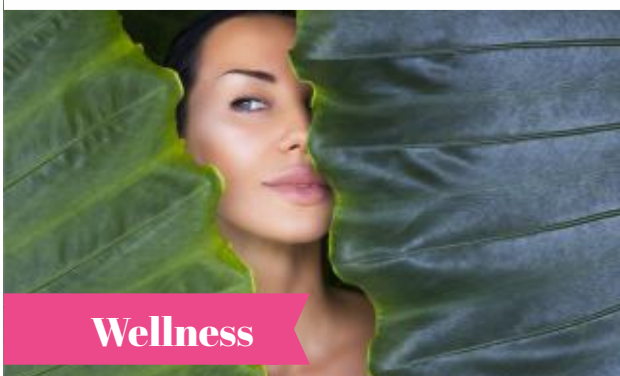
Weight Loss



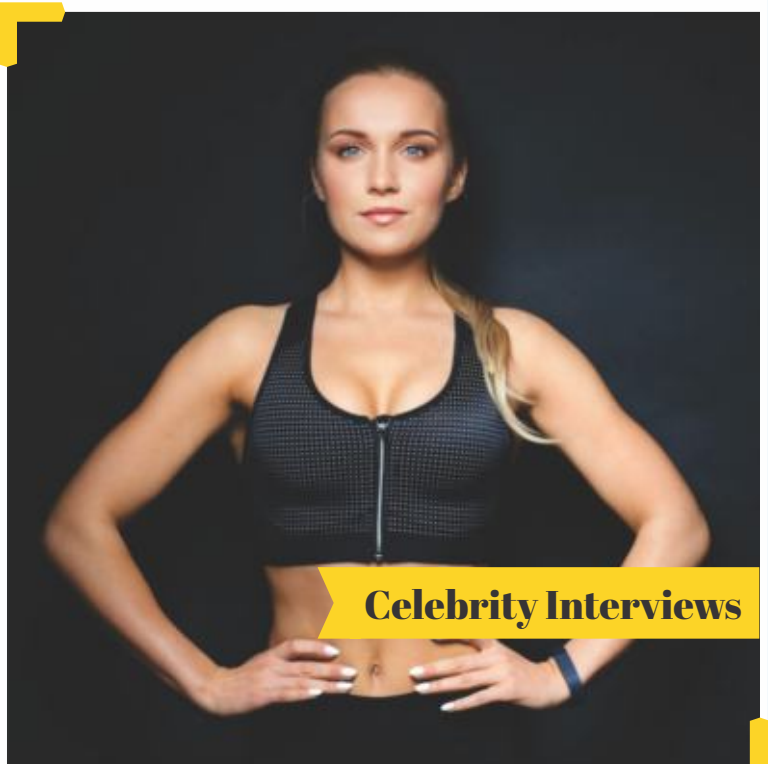
Fashion & Lifestyle



Shopping



Wellness



Celebrity Interviews

6 Stunning Issues Every Year!

JAN/
FEB



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APR



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AD SIZES



AD SIZE	BLEED	TRIM
Full page	8.125" X 10.75"	7.875" X 10.5"
Double Page	16" X 10.75"	15.75" X 10.5"
1/3 Page (One column)	2.875" X 10.75"	2.625" X 10.5"
1/2 Page Vertical	4.125" X 10.75"	3.875" X 10.5"
2/3 Page Vertical	5.25" X 10.75"	5" X 10.5"
1/2 Page Horizontal	8.125" X 5.375"	7.875" X 5.125"

For any further details,
Contact Rohit Nayyar at rohit@womenfitness.net



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