

A photograph of three diverse women smiling and looking upwards, surrounded by a shower of colorful confetti. The woman on the left has long blonde hair and is wearing a grey fur-trimmed coat. The woman in the middle has dark hair and is wearing a dark grey textured jacket. The woman on the right has dark curly hair and is wearing an orange knit sweater. Their hands are visible at the bottom, holding and releasing the confetti. The background is a bright blue sky with more confetti falling.

Women Fitness
Magazine

Media Kit

2022

Magazine Contents



Exercise & Fitness



Pregnancy



Healthy Eating



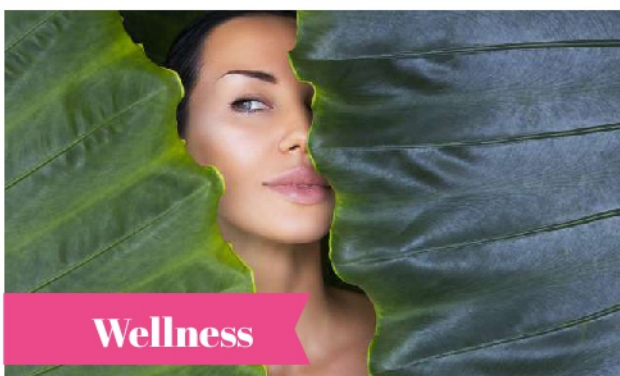
Weight Loss



**Fashion
& Lifestyle**



Shopping



Wellness



Celebrity Interviews

6 Stunning Issues Every Year!

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AD SIZE	BLEED	TRIM
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Double Page	16" X 10.75"	15.75" X 10.5"
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1/2 Page Vertical	4.125" X 10.75"	3.875" X 10.5"
2/3 Page Vertical	5.25" X 10.75"	5" X 10.5"
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For any further details,
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